

#HEADBANDWITHLETTERS

By Scandiknit.no



Sizes: 1-2 yr. (3-5 yr.) 6-10 yr. (youth) ladies (men)

Materials: Drops Big Merino; 50 (50) 50 (50) 50 (50) g base color

Letters: approx. 5-10 g

Needles: 40 cm circular needles, 4.5 mm and 5 mm

Gauge: 18 stockinette stitch on 5 mm needle = 10 cm

Abbreviations: k = knit, p = purl, sts = stitches, rnd = round, yo = yarn over, sl st = slip stitch

Cast on 64 (68) 72 (76) 80 (84) sts on 4.5 mm needles.

Knit 4 rounds **rib** or **mock cables**.

Technique 1: rib

Rnd 1-4: *k 2, p 2* until end of rnd

Technique 2: mock cables

Rnd 1: *p 2, k 2* until end of rnd

Rnd 2: *p 2, k 1, yo, k 1* until end of rnd

Rnd 3: *p 2, k 3* until end of rnd

Rnd 4: *p 2, sl st, k 2, pull the slipped stitch over the last 2* until end of rnd

Change to 5 mm needles

Knit 18 (18) 20 (20) 22 (24) rnd stockinette stitch.

Change to 4,5 mm needles

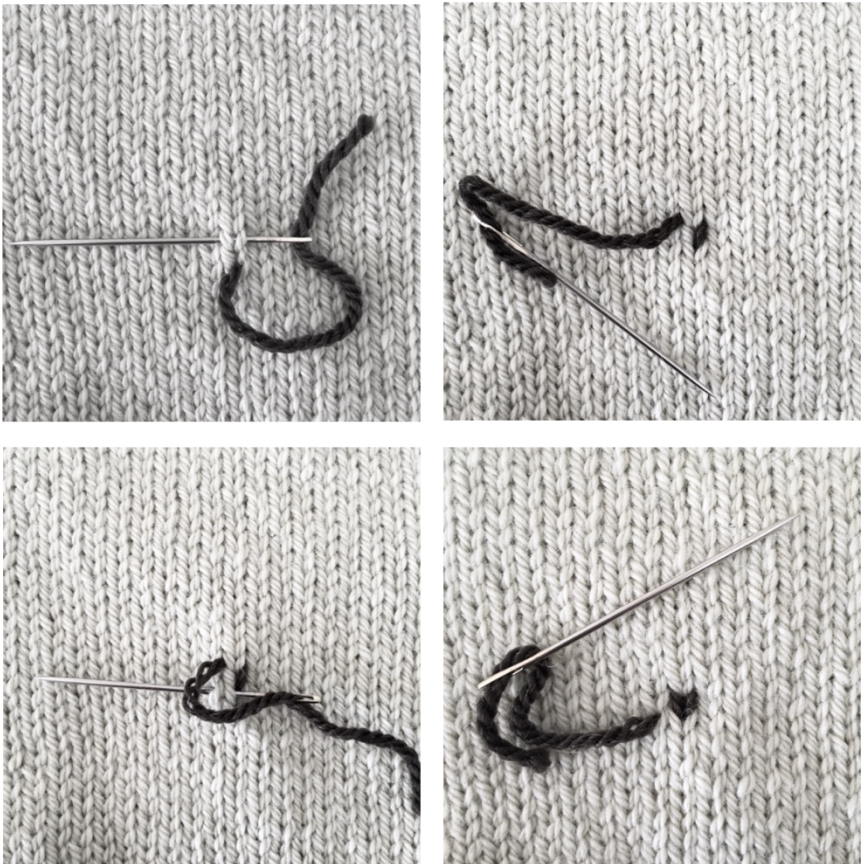
Knit another 4 rounds of **rib** or **mock cables**.

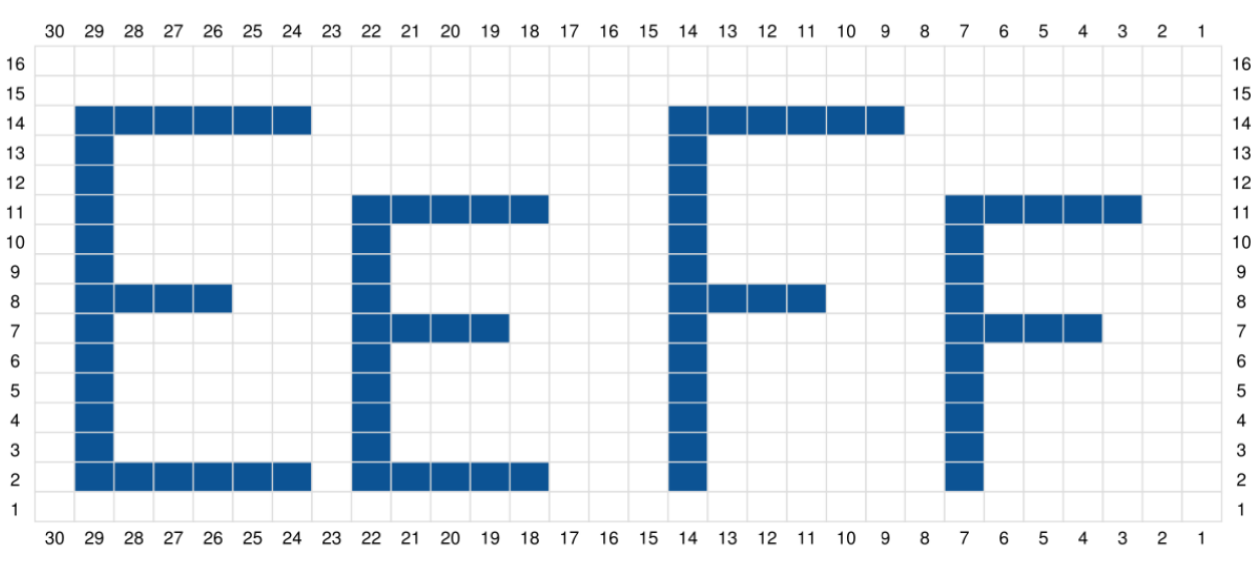
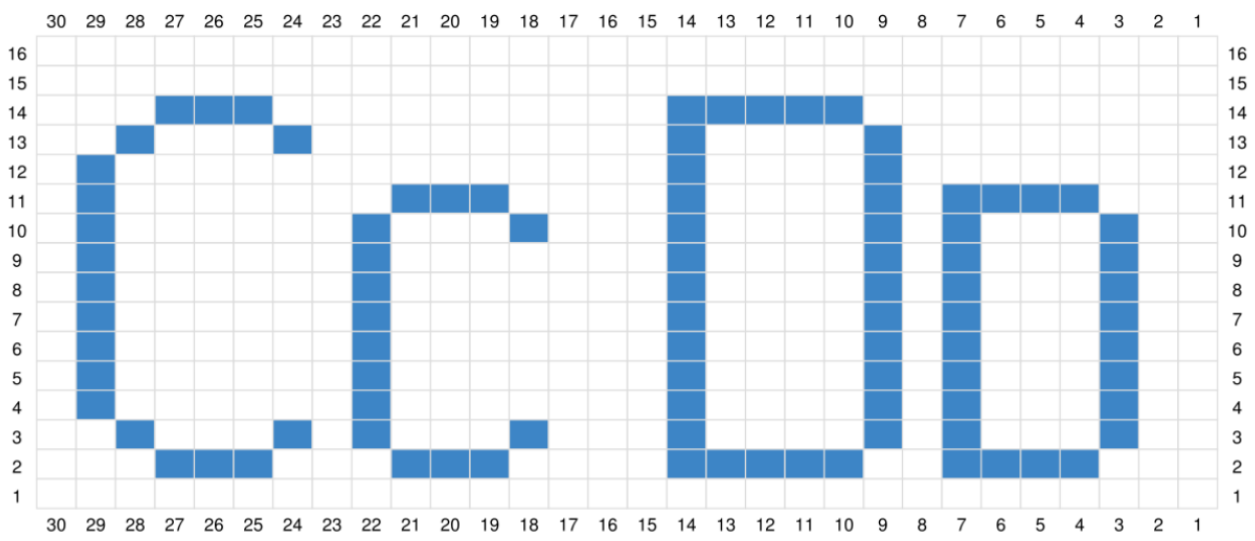
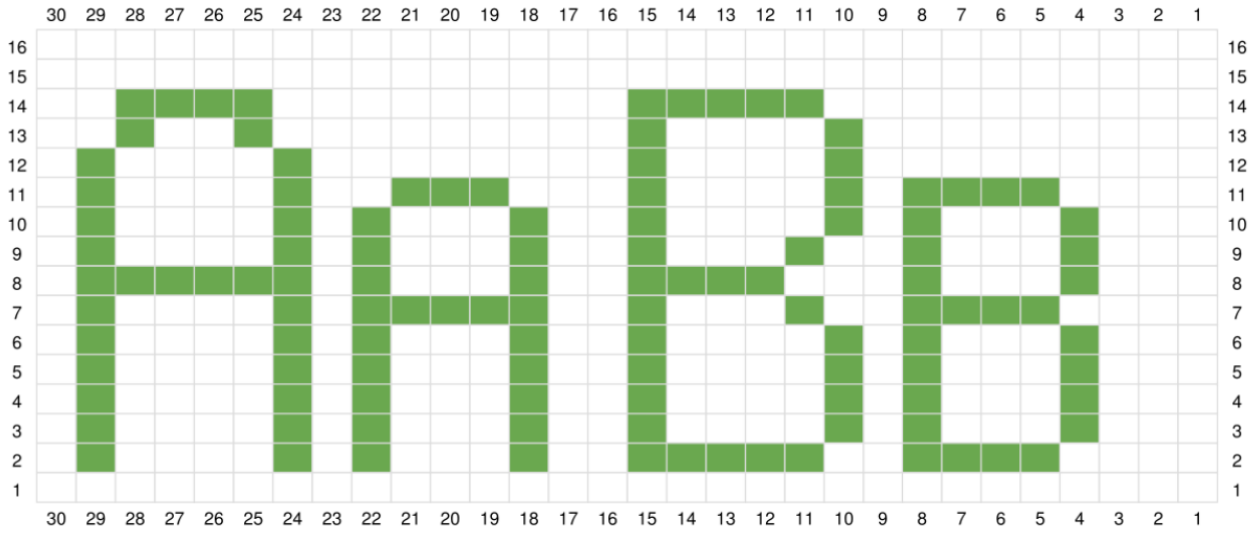
Bind off in rib.

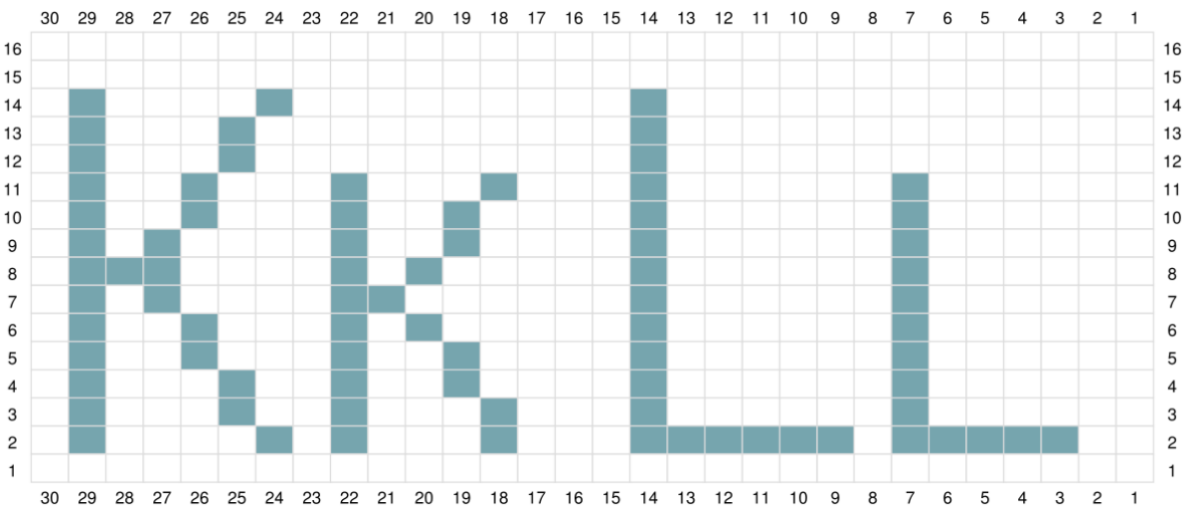
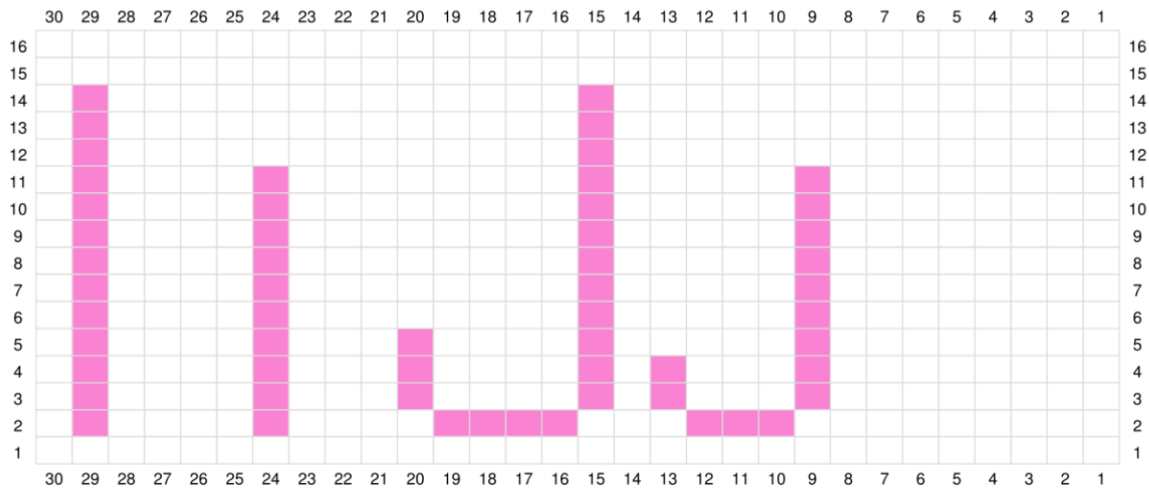
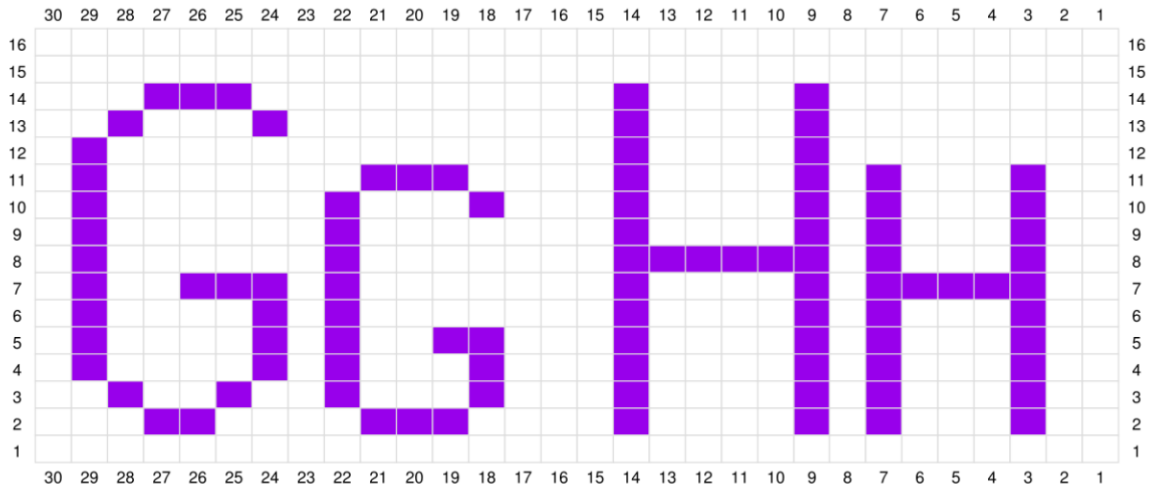
LETTERS:

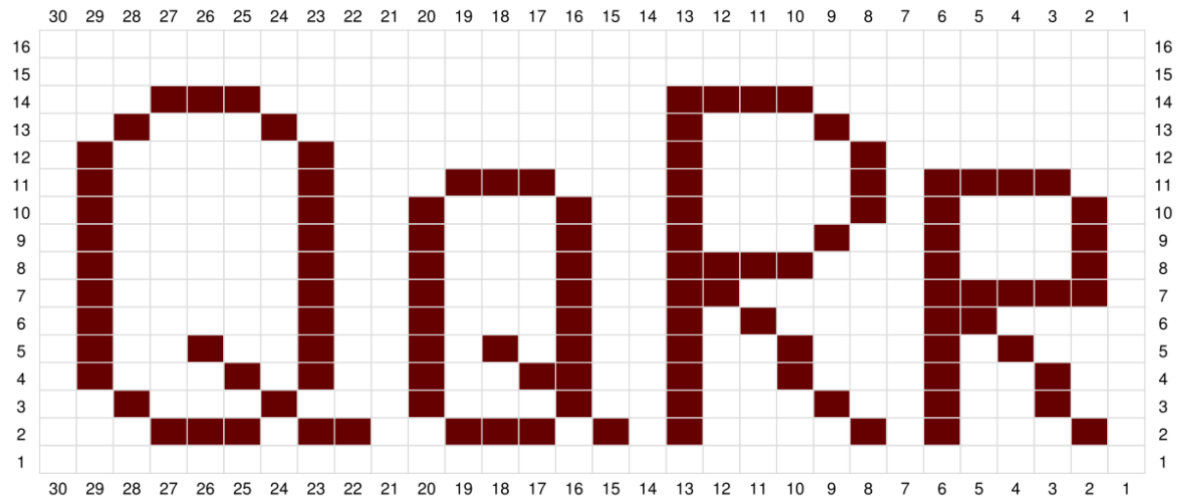
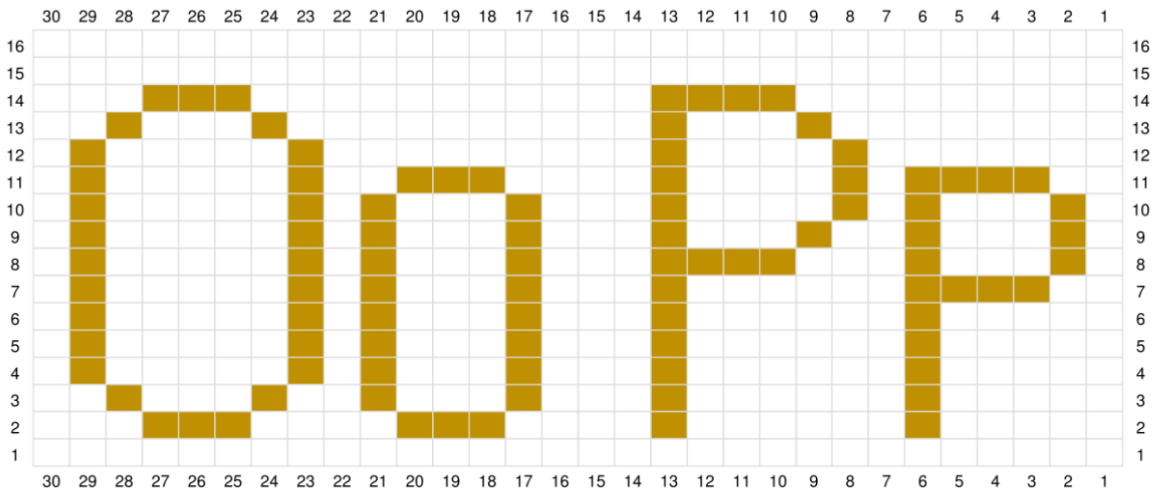
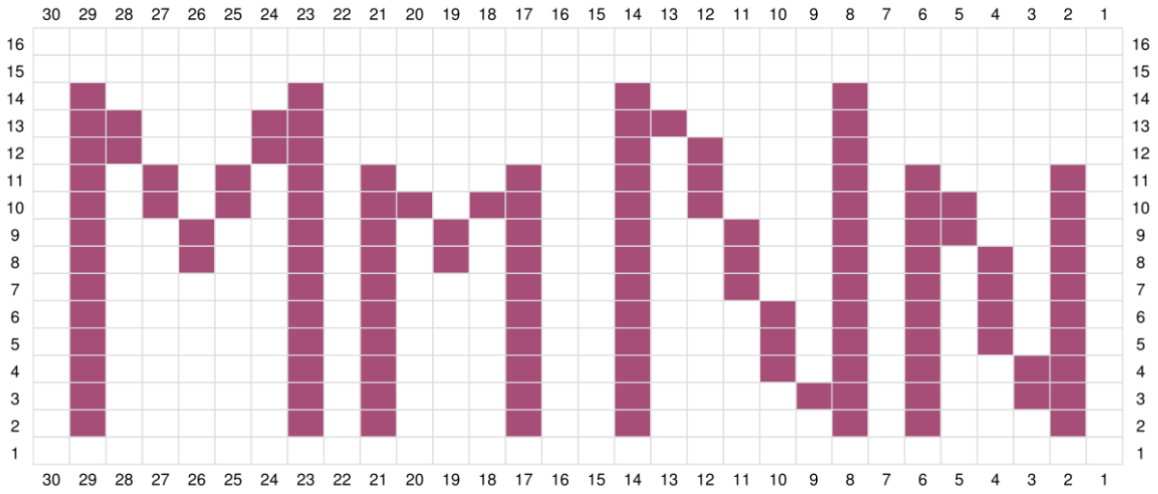
The letters are sewn on with duplicate stitch. It is fast and easy, and it is easy to learn. This is how to do it; use a needle and start by casting the thread out at the bottom of a stitch, then you stick the needle through the stitch above. Then, stick the needle through the same hole as where you started.

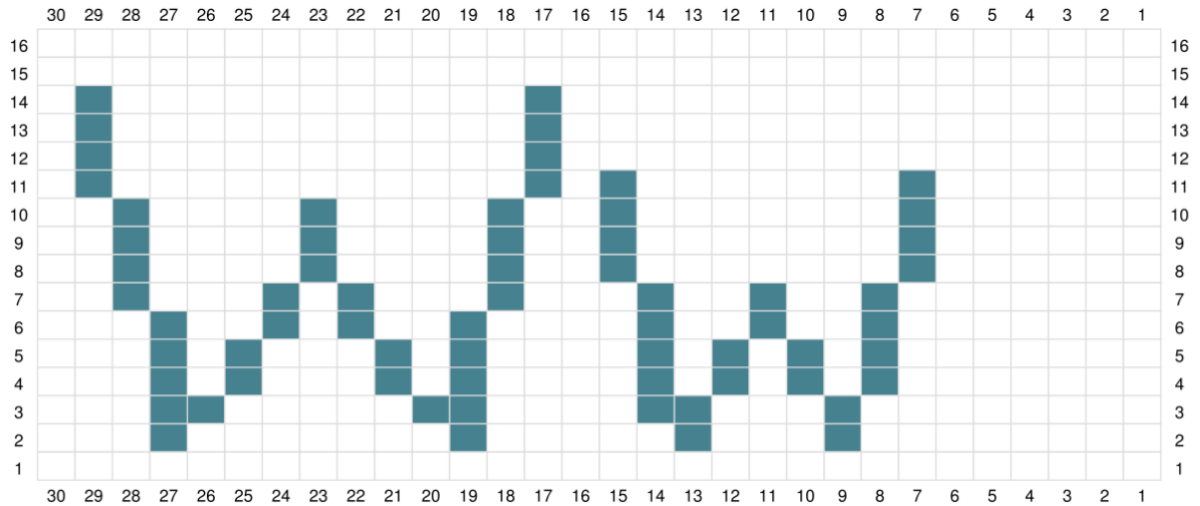
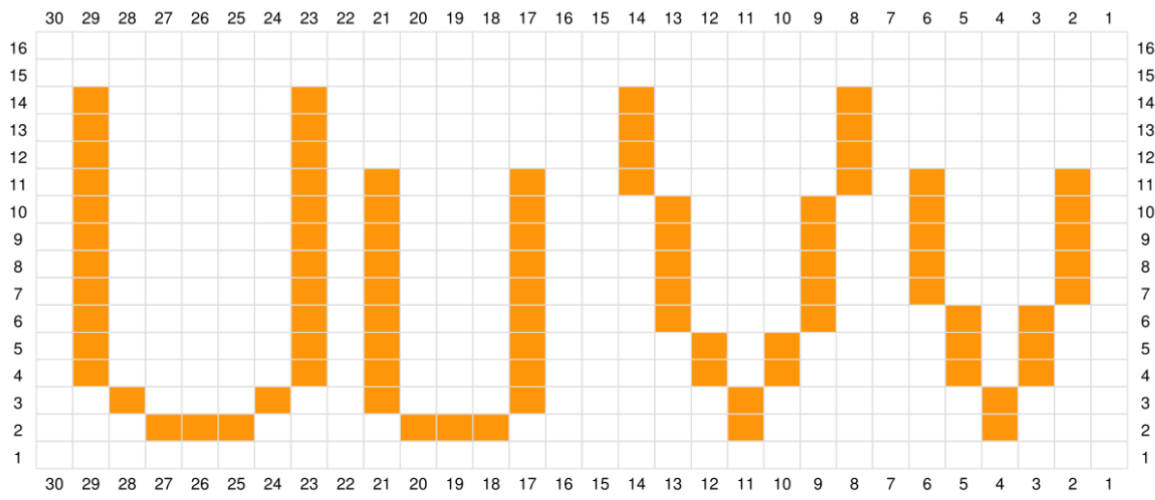
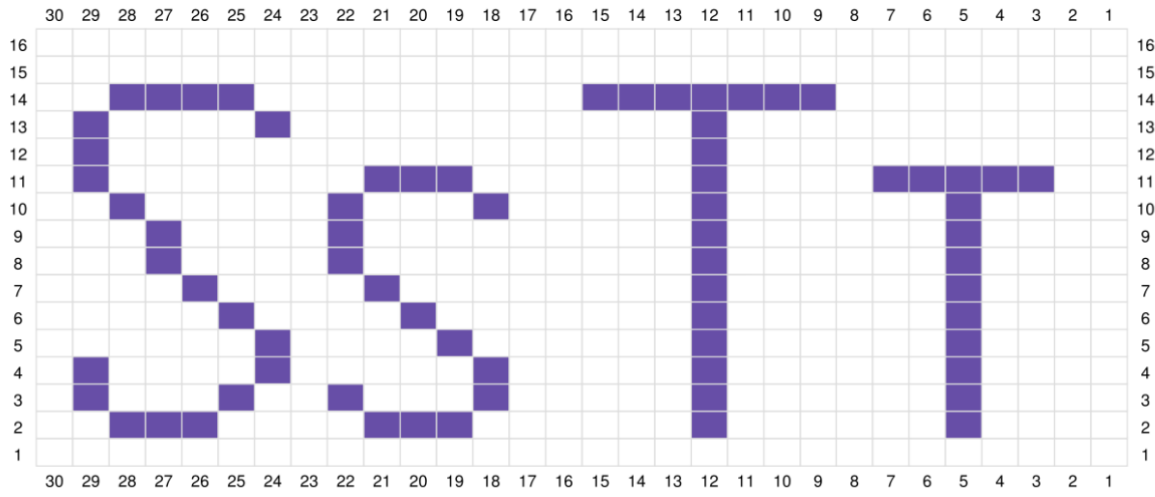
If you wish to see a video of the technique, just search for “duplicate stitch” on YouTube. The letters you wish to embroider should be placed at the middle of the headband.











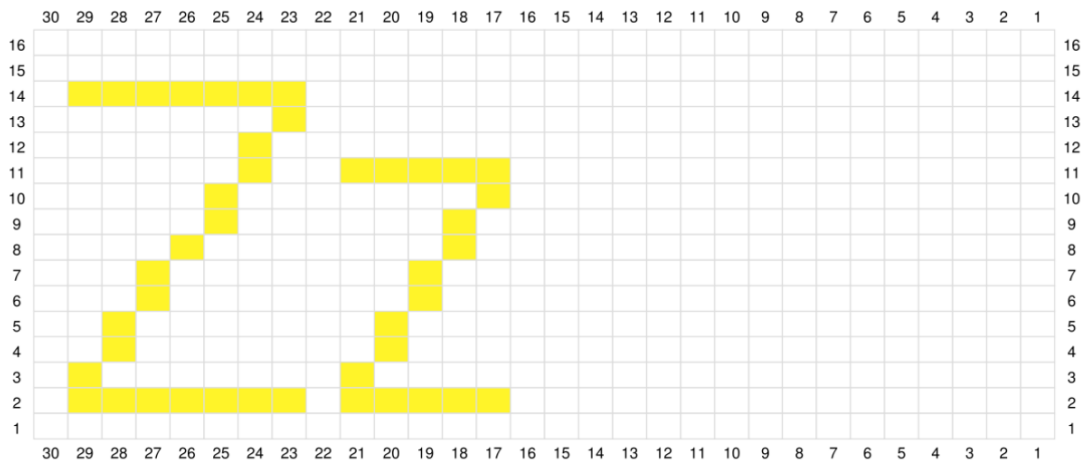
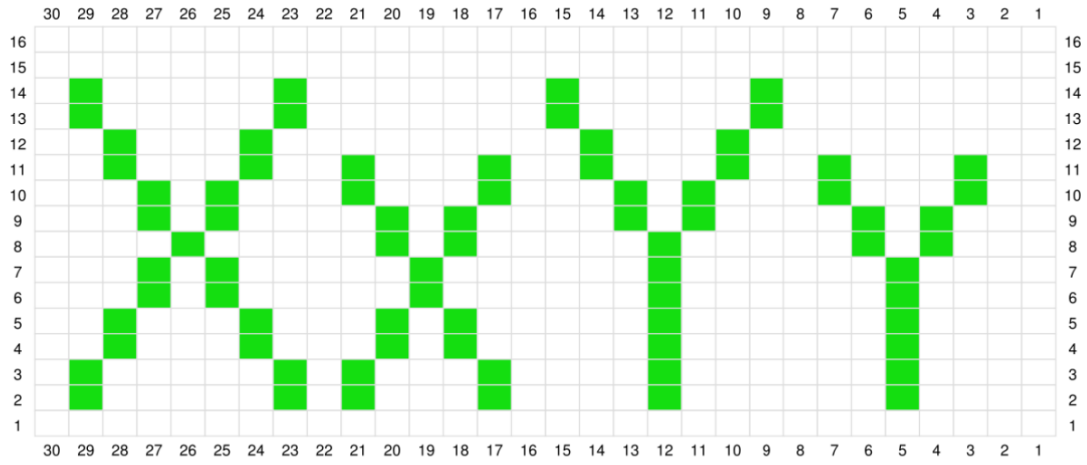




Photo: @anitakolnesfoto

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